

National Honor Society

Catalina Foothills High School

The National Honor Society was organized in 1921 by the National Association of Secondary School Principals (NASSP) to “recognize and encourage academic achievement while developing other characteristics essential to citizens in a democracy.” Over 15,000 chapters are active in high schools across the United State and the CFHS chapter was chartered on March 22, 1994, by NASSP.

NHS membership is selective and, at CFHS, open to juniors who have a minimum cumulative 3.75 grade point average at the end of their sophomore year and have completed a minimum of 3 Honors or AP credits. Additionally, potential members must meet high standards of leadership, service, and character. Evaluation and selection are done by a Faculty Council which considers each candidate’s achievements and behavior during high school. Attendance and discipline records are reviewed, and all high school staff members are invited to comment on each candidate.

Once inducted into NHS, each member is expected to attend all meetings and to participate in service projects and activities. Furthermore, each member is expected to maintain high scholastic achievement and to provide exemplary leadership and continuous service to the school and community. Membership in NHS is an honor and a responsibility.

Please note: NHS membership is **NOT** a factor in and of itself in college admissions. Do not pursue NHS membership if that is your primary motivation. Also, do not pursue NHS membership if you are too busy to meet the time commitments or are otherwise not genuinely interested in service.

CFHS NHS Membership Expectations:

- Serve 2 to 3 hrs a month tutoring in the Nest
- Participate in an NHS service event each quarter
- Attend monthly NHS meetings
- Other NHS activities as determined

NHS Selection Timeline:

December 1 – 2	Info Sessions
Monday, December 19	Candidate Packet due to Counseling Office by 3:45 pm
February 17	Service Event final deadline Summary/Reflection due within one week of activity and no later than 3:45 pm Feb 17. If using Aug 1 – Dec 1 event, Summary due with packet by Dec 19.
January-February 17	Nest period complete <ul style="list-style-type: none">▪ <i>Suggested distribution: A-G Jan 9-20, H-R Jan 23- Feb 3, S-Z Feb 6-17</i>▪ <i>Do not need to sign up in advance, just show up during a free period or before or after school.</i>▪ <i>Must introduce self as candidate to Ms. Scurren so completion can be noted</i>▪ <i>Do not go with a friend – this is meant to be independent</i>▪ <i>Must complete this requirement <u>no later than Feb 17.</u></i>
Mid-March	Notification
March 27 (to be confirmed)	Induction (pre-induction meeting week prior)

Instructions for completing the NHS candidacy materials:

1. **Keep this first page for your information. Do NOT turn in this first page with your materials.**
2. Your responses should be printed neatly in ink. Consider first drafting your responses on scratch paper so that your final submission may be free of errors.
3. As with all applications, we suggest you make a photocopy of your completed materials prior to submission for your personal files.
4. Submit your candidacy materials to the Counseling Office well before the stated deadline. Absolute deadline is **no later than 3:45 pm, Monday, December 19.**

CFHS National Honor Society

Characteristics

Scholarship ~ Leadership ~ Service ~ Character

The student who exercises **SCHOLARSHIP**:

1. Is creative, curious, analytical, responsible, participatory, an active learner not a passive recipient...

The student who exercises **LEADERSHIP**:

1. Is resourceful in framing and reframing new problems, applying principles, and making suggestions.
2. Demonstrates initiative in promoting school activities.
3. Exercises influence on peers in upholding school ideals.
4. Contributes ideas that improve the civic life in school.
5. Is able to delegate responsibilities.
6. Exemplifies positive attitudes.
7. Inspires positive behavior in others
8. Demonstrates academic initiative.
9. Successfully holds school offices or positions of responsibility, conducting business effectively and efficiently, and, without prodding, demonstrates reliability and dependability.
10. Is a visionary in the classroom, at work, and in school or community activities.
11. Is thoroughly dependable in any responsibility accepted.

The student who **SERVES**:

1. Is willing to uphold scholarship and maintain loyal school attitude.
2. Participates in some outside activity: Scouting; faith-based organizations; volunteer services for senior citizens, the physically or mentally challenged, the economically disadvantaged, or others in the community and beyond the school, etc.
3. Works well with others and is willing to take on difficult or less conspicuous responsibilities.
4. Cheerfully and enthusiastically renders requested service to the school.
5. Is willing to represent the class or school in interscholastic events.
6. Does committee and staff work with energy and attention to detail.
7. Shows courtesy by assisting visitors, teachers, and students.

The student of **CHARACTER**:

1. Takes criticism willingly and accepts recommendations graciously.
2. Consistently exemplifies desirable qualities of behavior (cheerfulness, friendliness, poise, stability, courtesy, respect, concern).
3. Upholds principles of morality and ethics.
4. Cooperates by complying with school regulations concerning property, programs, office, halls, etc.
5. Demonstrates the highest standards of honesty and reliability.
6. Observes instructions and rules, is punctual, and is trustworthy both inside and outside the classroom.
7. Demonstrates concentration and sustained attention as shown by perseverance and application to studies.
8. Manifests truthfulness in following rules, not cheating, and not profiting by the mistakes of others.
9. Actively works to eliminate destructive influences affecting the school environment.

ACTIVITIES and LEADERSHIP: List up to five of the most significant activities in which you have participated during high school. Include clubs, teams, performance groups, etc., and indicate if you held positions such as officer, committee chair, team captain, etc. These may be school or community activities.

Activity/Club	Grades			Description of Participation	Adult Leader Name and Contact Info
	9	10	11		

SERVICE: List up to five of the most significant service activities/projects in which you have participated for the benefit of the school and/or community while in high school. These must be **non-paid, volunteer service hours**.

Organization/Activity	Grades			Description of Participation	Total Hours
	9	10	11		

WORK EXPERIENCE: Please list and describe any **paid** work experience that has been significant to you as a high school student. Your experience may include summer jobs or any other work done during high school. Note: You will not be penalized if you have not held a job. It just helps us understand your involvement.

Grade	Employer	Job Description	Dates of Employment	# of Hours (weekly)

Keep the cover sheet explaining NHS history, tenets, requirements, and timeline.

Submit this completed form and your one page essay to the CFHS Counseling Office no later than 3:45 pm, Monday, December 19.

Nest Session deadline is February 17 and Service Summary is due no later than February 17.

CFHS National Honor Society

Candidate materials due to Counseling Office no later than 3:45 pm, Monday, December 19.

Name: _____	Grade: <input type="checkbox"/> 10 <input type="checkbox"/> 11
--------------------	---

Parent Statement of Understanding and Support

I have read the cover sheet to the NHS candidate materials and understand the purpose and scope of CFHS NHS. NHS is a service honorary and being a member (or not) is not a factor in college admissions. My student is doing this of his/her own free will and has the time and commitment required to fulfill the service obligations.

Parent Signature: _____ Date: _____

Student Statement of Accuracy, Understanding and Commitment

I understand that NHS membership at CFHS is about integrity and community service. I agree to willingly fulfill NHS community service requirements: Nest/Tutoring Hours, NHS Service Events and other activities, as well as attend all meetings. I vow to be an upstanding student, following high standards of integrity and being a good role model. I verify that all information in submitted for NHS consideration is factual and written by me. I understand that providing false information is grounds for disqualification from NHS and possible disciplinary referral.

Student Signature: _____ Date: _____

ESSAY:

How I have lived up to the tenet of _____ (Leadership, Service, or Character)

The Four Tenets of NHS are Leadership, Service, Character, and Scholarship. As "scholarship" information is discernable through transcript review, tell us how you have lived up to one of the other tenets: Leadership, Service, or Character. You are advised to carefully review the tenets described in the NHS materials for desired characteristics and to use examples. The essay should be unique to this application. Do not submit an essay you've previously used for another project.

Your essay should be 2-4 typed paragraphs on a single sheet of paper. Your essay will be evaluated for content as well as form and your response should be thoughtfully written, well organized, and checked for grammar and spelling. Failing to follow directions or answer the question will jeopardize your selection. You are encouraged to draft and edit your essay before submission. Be sure to include your name in the upper right hand corner of the pages.

**Keep the cover sheet explaining NHS history, tenets, requirements, and timeline.
Submit this completed form and your one page essay
to the CFHS Counseling Office no later than 3:45 pm, Monday, December 19.**

The Nest Session deadline is February 17 and your Service Summary is due no later than February 17.