

Falcon Flyer

cfhs.cfsd16.org

Dear CFHS Parents and Guardians,

Our first week at CFHS has been great! Both students and staff are settling in and establishing routines for the year. It's wonderful to have all our Falcons back on campus.

Link Crew hosted student orientation before school started. Parents had orientation, and we held Back-to-School night. In the first week, all students took school pictures and received their student IDs. If your child was absent or wants to retake their photo, they can do so on September 15th. We also had grade-level assemblies to go over school-wide expectations, including safety, attendance, tardiness, electronics, dress code, and more. Finally, the Fall Fling hosted by the FFO had the highest attendance ever, and students enjoyed spending time together playing games, dancing, and eating.



We can already tell that the year will be filled with positive connections and school spirit. We look forward to our students rising to the high expectations set for learning and behavior and connecting positively with others!

CFHS communicates information with our families weekly in the *Falcon Flash* and monthly in the *Falcon Flyer*. Please watch for updates, calendar information, and CFHS alerts. Individual letters are sent as needed to groups (grade levels) or for time-sensitive communication.

Welcome to Catalina Foothills High School and new beginnings!

Jody Brase
Principal



CFHS

4300 E. Sunrise Dr.
Tucson, AZ 85718
Office: 209-8300 / Fax: 209-8520
HYPERLINK <http://cfhs.cfsd16.org/>

Office hours: 7:30-4:00 on School Days Closed on all student holidays.

CFHS Information

Courtney Plantage—Reception Clerk 209-8301
Gabriela Gallego—Accounting Clerk 209-8310
Angie Boylan—Bursar 209-8317
Attendance Message Line 209-8318
Bus Transportation 209-7581
Cafeteria 209-8527

Principal

Jody Brase 209-8302

Principal Secretary

Julie Vanegas 209-8302

Assistant Principals

Jennifer Miller 209-8374
Chris Lambert 209-8482
Andrea Tellez 209-8446
Ryan Tkalcevic 209-8412

CTE/JTED Director

Cari Burson 209-8351

Counseling Center

Lori Knippen-Registrar 209-8385
Ann Margolis-Database Manager 209-8384
Jennifer Couch -Counseling Clerk 209-8305

Counselors

Randie Collier (Freshman) 209-8378
Mike Bryan (A-C) 209-8376
Lori Leary (D-H) 209-8380
Robin Larson (I-ME) 209-8381
Julie McCrea (MI-R) 209-8379
Lyanne Glasner (S-Z) 209-8382

Athletic Director

Ryan Tkalcevic 209-8412

Assistant to the Athletic Director

Gary Reed 209-8367

Athletic Secretary

Jennifer Boccelli 209-8412

Security

209-8342

Anonymous Tip Line

209-8599

Health Office

Christopher Lopez – Nurse 209-8330
April Choi – Health Assistant 209-8304

Bursar Office

Gabriela Gallego - Accountant 209-8310
Angie Boylan – Bursar 209-8317

Falcon Flyer Editor

Julie Vanegas 209-8302

Catalina Foothills District Office

2102 E. River Road
Tucson, AZ 85718
520-209-7500
www.cfsd16.org

Important Dates to Remember:

August 3	Back to School Night
August 7	First Day of School
September 4	No School (Labor Day)
October 6	Half Day (Grading Day End of 1 st Quarter)
October 9-13	No School (Fall Break)
November 10	No School (Veterans Day)
November 22-24	No School (Thanksgiving Break)
December 20-22	Final Exams
Dec 25 – January 5	No School (Winter Break)
January 15	No School (MLK Day)
February 22-23	No School (Rodeo Break)
March 15	Half Day (Grading Day End of 3 rd Quarter)
March 25-29	No School (Spring Break)
May 17	Seniors Last Day
May 20-22	Final Exams (Gr. 9-11)
May 22	Graduation/Last Day of School

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Welcome Back Falcons!!

2022-2023 Governing Board Members and Legislative Representatives

Governing Board Members

Eileen Jackson, President
ejackson@cfsd16.org
299-3828

Amy Krauss, Vice President
akrauss@cfsd16.org
400-6170

Amy Bhola
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404-8102

Doug Hadley
dhadley@cfsd16.org
577-0038

Gina Mehmert
gmehmert@cfsd16.org
305-0678

Dr. Mary Kamerzell, Superintendent
209-7537 mkam@cfsd16.org

State of Arizona Legislative Representatives for CFSD
(Please check www.azleg.gov for contact information)

Legislative District 18
Representative Nancy Gutierrez
Representative Chris Mathis
Senator Priya Sundareshan

Anonymous Tip Line 209-8599

<ul style="list-style-type: none"> Student's first day (full day) Student's last day (half day) Student holiday Parent/teacher conferences Pre-K: 9/25-10/6 & 4/15-26 (by appt.) regular school schedule observed K-5: 10/24, 10/25, 10/26 & 3/15 half day dismissal 6-8: 10/25, 10/26, 3/14, & 3/15 half day dismissal 9-12: 10/24 & 10/25 half day dismissal <p> Orientation days: new teachers begin 7/26 returning teachers 8/1</p> <p>90/90 = 180 student days</p>	<ul style="list-style-type: none"> Grading days (half days for students) Canyon View - 10/30, 2/12, & 5/22 Ventana Vista - 10/31, 2/13, & 5/22 Manzanita - 11/1, 2/14, & 5/22 Sunrise Drive - 11/2, 2/15, & 5/22 Middle Schools-10/4, 12/20, 3/6, & 5/22 High School-12/20, 21, 22, 5/20, 21 22 (exam schedule); 10/6 & 3/15 (half day) <table border="1" style="width: 100%; text-align: center; font-size: 8px;"> <thead> <tr> <th colspan="7">JULY 23</th> </tr> <tr> <th>S</th><th>M</th><th>T</th><th>W</th><th>T</th><th>F</th><th>S</th> </tr> </thead> <tbody> <tr><td></td><td></td><td></td><td></td><td></td><td></td><td>1</td></tr> <tr><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td></tr> <tr><td>9</td><td>10</td><td>11</td><td>12</td><td>13</td><td>14</td><td>15</td></tr> <tr><td>16</td><td>17</td><td>18</td><td>19</td><td>20</td><td>21</td><td>22</td></tr> <tr><td>23</td><td>24</td><td>25</td><td>26</td><td>27</td><td>28</td><td>29</td></tr> <tr><td>30</td><td>31</td><td></td><td></td><td></td><td></td><td></td></tr> </tbody> </table>	JULY 23							S	M	T	W	T	F	S							1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31						<ul style="list-style-type: none"> Elementary early release Canyon View - Monday Ventana Vista - Tuesday Manzanita - Wednesday Sunrise Drive - Thursday Middle Schools late start Wednesday <table border="1" style="width: 100%; text-align: center; font-size: 8px;"> <thead> <tr> <th colspan="7">JANUARY 24</th> </tr> <tr> <th>S</th><th>M</th><th>T</th><th>W</th><th>T</th><th>F</th><th>S</th> </tr> </thead> <tbody> <tr><td></td><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td></tr> <tr><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td><td>13</td></tr> <tr><td>14</td><td>15</td><td>16</td><td>17</td><td>18</td><td>19</td><td>20</td></tr> <tr><td>21</td><td>22</td><td>23</td><td>24</td><td>25</td><td>26</td><td>27</td></tr> <tr><td>28</td><td>29</td><td>30</td><td>31</td><td></td><td></td><td></td></tr> </tbody> </table>	JANUARY 24							S	M	T	W	T	F	S		1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31				<ul style="list-style-type: none"> High School short week - 11/20, 11/21, 12/18 & 12/19 - All classes 1 - 7 meet. School hours are 8:35am to 3:20pm. AM bus schedule does NOT change. Buses arrive by 8:30am. HS general bell schedule observed during the weeks of 9/5, 10/2, 10/23, 11/6, 1/16, 2/19 & 3/11 <li style="text-align: center;">Find the detailed HS bell schedule at https://cfhs.cfsd16.org 1-5 Winter Break 12 MS 2nd quarter report card 12 HS 1st semester report card 15 M. L. King Day 22 100th day of school 							
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<p>Regular Day</p> <p>Elementary 8:00am-3:00pm K-AM 8:00-11:00am K-PM 12:00-3:00pm Middle School 7:30am-2:30pm High School 8:35am-3:25pm</p>	<p>Late Start Day</p> <p>Middle School 9:30am-2:30pm High School 9:05am-3:25pm (Mon) High School 9:40am-3:25pm (Fri)</p>	<p>Early Release Day</p> <p>Elementary 8:00am-1:30pm K-AM 8:00-10:15am K-PM 11:15am-1:30pm</p>	<p>Half Day</p> <p>Elementary 8:00am-11:30am K-AM 8:00-9:30am K-PM 10:00-11:30am Middle School 7:30am-11:00am High School 8:35am-12:00pm</p>																																																																																																																

CFHS BELL SCHEDULES 2023-2024

General Bell Schedule					
Time	Monday	Tuesday	Wednesday	Thursday	Friday
8:35-9:33	3 & Advisory 3: 9:05-10:03 A: 10:03-10:38 Attendance Required	1	1	1	9:05-9:35 Academic Assistance
9:40-10:38		2	2	2	1
10:45-11:43	4	4	3	3	2
1 st Lunch 11:43-12:10	11:50-12:48				
12:17-1:15		5	5	5	4
	2 nd Lunch 12:48-1:15				
1:22-2:20	6	6	6	6	4
2:27-3:25	7	7	7	7	5
Missing Period(s)	No 1, 2	No 3	No 4	No 5	No 6, 7

Lunch Assignments	
1 st Lunch	2 nd Lunch
House 1 House 2 House 3	House 4 B-Building Gym Performing Arts Bldg
Lunch is based on which building you have classes during the following periods on specific days of the week: 5 th Period – Monday/Tuesday/Wednesday 4 th Period – Thursday and 7-Period Schedule 3 rd Period – Friday	

7-Period Schedule	
Nov 20 21 and Dec 18 19	
Time	Periods
8:35-9:23	1
9:30-10:18	2
10:25-11:13	3
1 st Lunch 11:13-11:40	11:20-12:08
11:47-12:35	
12:42-1:30	4
1:37-2:25	5
2:32-3:20	6
	7

Half Day Schedule	
Oct 6, Mar 15	
Time	Periods
8:35-9:10	1
9:17-9:52	2
9:59-10:34	3
10:41-11:16	4
11:23-12:00	5

Revised 8/1/2023

Important Dates			
August 3	Back to School Night	January 15	No School (MLK Day)
August 7	School Begins	February 22-23	No School (Rodeo Break)
September 4	No School (Labor Day)	March 15	Half Day Grading Day
October 6	Half Day Grading Day	March 25-29	No School (Spring Break)
October 9-13	No School (Fall Break)	May 17	Seniors' Last Day
October 24-25	Parent/Teacher Conferences	May 20-22	Final Exams (Gr. 9-11) Schedule
November 10	No School (Veteran's Day)	May 22	Graduation/Last Day of School
November 22-24	No School (Thanksgiving)		
December 20-22	Final Exams Schedule		
Dec 25 – Jan 5	No School (Winter Break)		

From the Counseling Office

Website: https://cfhs_counseling.cfsd16.org/

Welcome back, Falcons!

CFHS counselors are happy to be back for another wonderful school year, and we hope you have enjoyed your first week!

Counselor assignments are as follows:

All freshmen: Randie Collier rcollier@cfsd16.org

A – C (Gr 10-12): Mike Bryan mbryan@cfsd16.org

D – H (Gr 10-12): Lori Leary lleary@cfsd16.org

I – Me (Gr 10-12): Robin Larson rlarson@cfsd16.org

Mi – R (Gr 10-12): Julie McCrea jmccrea@cfsd16.org

S – Z (Gr 10-12): Lyanne Glasner lglasner@cfsd16.org

We are available to support our students academically, emotionally and for career and post-secondary planning. Later this month, we will open our calendars for students to schedule appointments with us. The Counseling Department [page](#) on the CFHS website has links to schedule appointments with each counselor.

At this point in the year, remember the importance of establishing good study habits, such as a quiet place to do homework, without (phones) and distractions. If you do not yet have access to ParentVUE, please contact Ann Margolis at amargolis@cfsd16.org. ParentVUE is useful to look at your student's class schedule, grades, bus schedule, attendance as well as other important information.

Seniors - Counselors will begin the post-secondary planning process with you scheduled during your ECAP 12 lesson in English classes the last week of August. Please hold off asking for transcripts and letters of recommendation until these meetings have taken place.

We wish everyone a fantastic school year and look forward to working with each of our students!

CFHS - Counselors

FFO – Family Faculty Organization

FFO Contacts:

WebSite: www.cfhsffo.org

The website can also be accessed from the FFO button under the 'For Parents' tab at the top of the CFHS homepage.

President:

Jody Ponzo

[cfhsffopresident@gmail](mailto:cfhsffopresident@gmail.com)

Communications:

Leslie Beckett

communications@cfhsffo.org

Secretary:

Eileen Pastorious

secretary@cfhsffo.org

Treasurer:

Lisa Kramkowski

treasurer@cfhsffo.org

Grants:

grants@cfhsffo.org

Grad Night:

Jill Harlow

grad.night@cfhsffo.org

Administration:

Jody Brase

jbrase@cfhsd16.org

209-8302

General FFO meeting dates are below. Meetings begin at 9:00am in the Library.

Meeting Dates:

August 22nd

September 19th

October 17th

November 14th

January 23rd

February 20th

March 19th

April 16th

May 14th

Falcon Family,

August 2023

I would like to welcome you to the 2023-2024 school year and encourage you to help make Catalina Foothills High School a more amazing place to be by donating your time, talent, and treasure.

How can you do this? By volunteering, purchasing items from our Falcon Store or donating to our Falcon Fund and Grad Night!! Just log onto the CFHS website and click [FFO/Grad Night](#).

Personalized Bricks – Have you noticed bricks in front of the school office with names of current students and alumni? These bricks can be purchased through our Falcon Store. The sale ends in February/March so they can be installed during Spring Break.

Birthday on the Marquee - Wonder why some student birthdays are celebrated on the Marquee? That is because someone purchased the opportunity for their student to be celebrated the Falcon way! Check out the Falcon Store to find out how to take advantage of this unique opportunity.

Thank you to everyone who purchased raffle tickets for the personal parking space this year and congratulations to this year's winner. The proceeds from this raffle will be used to cover costs for our Fall Fling and Grad Night as well as help support teachers and staff at CFHS.

A special **THANK YOU** to Michelle Ijams and crew for organizing yet another amazing Fall Fling!

Finally, we will be hosting our first FFO meeting of the year on **Tuesday, August 22nd at 9am** in the school library.

We hope to see you there!

Jody Ponzo

FFO (Family Faculty Organization) President

<http://www.cfhsffo.org/>

President@cfhsffo.org

<https://www.facebook.com/CFHSFFO>

[Donate](#) · [Engage](#) · [Volunteer](#) · [Support](#)

STAMP Test Dates & Registration Info

Are you proficient in English?

Can you demonstrate proficiency in one of the following languages?

Spanish, Mandarin Chinese (Simplified or Traditional), Arabic, French, German, Hebrew, Hindi, Italian, Japanese, Korean, Polish, Portuguese (Brazilian), Russian, American Sign Language (ASL)

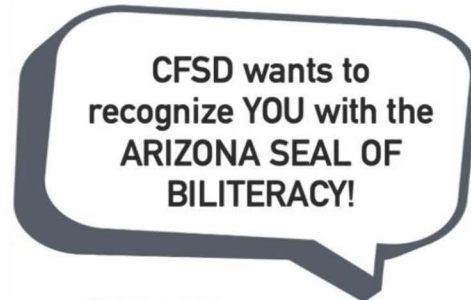


Demonstrate your foreign language proficiency by taking the STAMP Test and work towards adding the Arizona Seal of Biliteracy to your Diploma and Transcript!

Scan for Registration and Eligibility Information



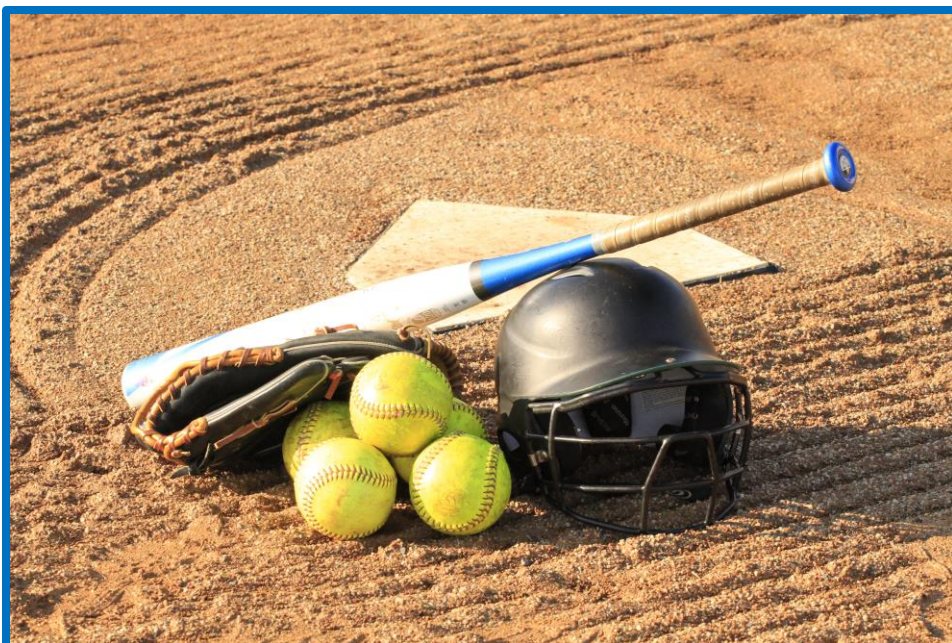
bit.ly/CFHS-STAMP



REGISTRATION DEADLINE (by noon on)	FEE PAYMENT DEADLINE (by noon on)	TEST DATES	LOCATION & TIME
August 29	September 1	Friday, September 8	HOUSE 2 - ROOM 403 8:45 AM The STAMP Test is untimed; testers moving at their own pace. Average test time is 3 hours. Exam starts before school. Bring your own lunch in the event you test through cafeteria service.
October 17	October 20	Friday, October 27	
November 6	November 9	Friday, November 17	
November 28	December 1	Friday, December 8	
January 9	January 12	Friday, January 19	

REGISTER EARLY - Seats are limited and additional sessions are NOT available.

Cost is \$22.90 for most languages. Prices for all languages can be found on the registration form.
 Test Coordinator - Justin Robinson (jrobinson@cfhd16.org)



CANYON VIEW LITTLE LEAGUE SOFTBALL

Sign up at: <https://www.canyonviewll.com/>

Coach Pitch Mini-Minors	Ages 5-7 (exposure to softball)
AA Softball	Ages 7-9 (player pitch/beginner)
AAA Softball	Ages 9-11 (intermediate)
Majors	Ages 10-12 (experienced)

*This is a general age guideline/skill level. Your player's birthday or skill level may overlap divisions creating multiple options to select from.



CFSD neither endorses nor sponsors this organization or activity. The distribution of this material is provided as a community service.

**Fall 2023
registration is open**

**All skills levels
welcome**

**Practice Location:
Mehl Park 4000 E.
River Road**

**Experienced
volunteer
coaches/assistant
coaches**

**Games against a
variety of other D5
leagues in Tucson**

**Open to all
students that
reside or attend
school in the
Catalina Foothills
District**