



Falcoñ Flyer

cfhs.cfsd16.org

Dear CFHS Families,

As the end of the school year approaches, we are proud to see that our students have been thriving. Our students have demonstrated perseverance and resilience in their studies, while our teachers remain committed to ensuring a successful conclusion to the year.

To our seniors, congratulations on completing this phase of your education and embarking on a future filled with endless possibilities. We've made sure everything is set up for the end-of-year activities and can't wait to celebrate the achievements of the class of 2023. Get ready to spread your wings and soar!

Here's a listing of the latest events, accolades, and updates from CFHS:

DECA students went to the International Career Development Conference in Orlando, FL. They qualified in Business Finance and Leadership Development.

FBLA students qualified for Nationals in Atlanta, GA in the events of Computer Game and Simulation Programming and Film.

State Champions!!! Division II tennis doubles championships, the CFHS team of **Jason Jia & Santiago Lietzau**

CFHS students advanced to the final rounds in boys singles and girls doubles. In the boys' singles state championship, **Jared Perry** finished second (Jared was the two-time reigning state champion).

Tennis girls doubles **Morgan Filer & Maria Aranguren** finished second! Congratulations!

May 2nd Steel Drum Concert

May 3rd Studio and Ceramics Art Show

May 9th Choir Concert

May 10th Orchestra Concert

May 11th and 18th Band Concert

May 17th Military Commitment Ceremony

May 17th Guitar Concert

May 18th-20th Theatre performances

May 19th Senior's last day

May 22rd Senior Honors Ceremony

May 23rd-25th Finals (grades 9-11)

May 25th Graduation and Grad Night

Students a reminder to turn in all textbooks, library books, music, calculators, Chrome books, uniforms, and other school-issued items. Please check your *InTouch* accounts to make sure all fees have been paid.

Academic Awards, if you're a 9th-11th grader who was invited to the April 18th ceremony but couldn't attend, please visit the front office to collect your certificate, letter, or pin.

As the year comes to a close, we would like to extend our warmest wishes to our students, staff, and parents for a wonderful summer. We take pride in our students' achievements, which were made possible by the unwavering dedication of our hardworking staff and the support of their parents. Your continued partnership has been invaluable to us, and we are grateful for your support.

Sincerely,

Jody Brase
Principal



CFHS

4300 E. Sunrise Dr.
Tucson, AZ 85718
Office: 209-8300 / Fax: 209-8520
HYPERLINK <http://cfhs.cfsd16.org/>

Office hours: 7:30-4:00 on School Days Closed on all student holidays.

CFHS Information

Courtney Plantage—Reception Clerk 209-8301
Gabriela Gallego-Accounting Clerk 209-8310
Angie Boylan-Bursar 209-8317
Attendance Message Line 209-8318
Bus Transportation 209-7581
Cafeteria 209-8527

Principal

Jody Brase 209-8302

Principal Secretary

Julie Vanegas 209-8302

Assistant Principals

Jennifer Miller 209-8374
Chris Lambert 209-8482
Eric Singer 209-8446
Ryan Tkcalcevic 209-8412

JTED Director

Cari Burson 209-8351

Counseling Center

Lori Knippen-Registrar 209-8385
Ann Margolis-Database Manager 209-8384
Bonnie McDole-Counseling Clerk 209-8305

Counselors

Randie Collier (Freshman) 209-8378
Mike Bryan (A-C) 209-8376
Lori Leary (D-H) 209-8380
Robin Larson (I-ME) 209-8381
Julie McCrea (MI-R) 209-8379
Lyanne Glasner (S-Z) 209-8382

Athletic Director

Ryan Tkcalcevic 209-8412

Assistant to the Athletic Director

Gary Reed 209-8367

Athletic Secretary

Jennifer Boccelli 209-8412

Security

209-8342

Anonymous Tip Line

209-8599

Health Office

Christopher Lopez – Nurse 209-8330
April Choi – Health Assistant 209-8304

Bursar Office

Gabriela Gallego - Accountant 209-8310
Angie Boylan – Bursar 209-8317

Falcon Flyer Editor

Julie Vanegas 209-8302

Catalina Foothills District Office

2102 E. River Road
Tucson, AZ 85718
520-209-7500
www.cfsd16.org

Important Dates to Remember:

May 19 Seniors' Last Day
May 23-25 Final Exams (Gr.9-11) Schedule
May 25 Graduation/Last Day of School

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Congratulations Seniors!

2022-2023 Governing Board Members and Legislative Representatives

Governing Board Members

Eileen Jackson, President
ejackson@cfsd16.org
299-3828

Amy Krauss, Vice President
akrauss@cfsd16.org
400-6170

Amy Bhola
abhola@cfsd16.org
404-8102

Doug Hadley
dhadley@cfsd16.org
577-0038

Gina Mehmert
gmehmert@cfsd16.org
305-0678

Dr. Mary Kamerzell, Superintendent
209-7537 mkam@cfsd16.org

State of Arizona Legislative Representatives for CFSD

(Please check www.azleg.gov for contact information)

Legislative District 18
Representative Nancy Gutierrez
Representative Chris Mathis
Senator Priya Sundareshan

Anonymous Tip Line 209-8599



2023

The Graduating Class

of

Catalina Foothills High School

announces the

Commencement Exercises

Thursday evening, May twenty-fifth

Two thousand and twenty-three

At seven-thirty o'clock

Catalina Foothills High School

Stadium Field

CLASS OF 2023 ~ CFHS SENIOR PLANNING TIMELINE

- April 29 Deadline for college and other post high school plans “[Green Sheet](#)”
- May 19 Seniors’ last day
- May 22 Senior Honors Ceremony – 7:00 pm – Stadium (Recognizing seniors with 3.75 after 7th semester)
- May 24 Graduation Practice 2:45 – 4:00 pm; start in the Auditorium. **Participation required for the ceremony.** Backpack check-in for Grad Night: 12:00 noon – 2:30 pm (no late bag check in)
- May 25 **Graduation Ceremony @ 7:30 pm – CFHS Stadium.** Seniors arrive at 6:30 pm for line up.
Grad Night - Senior Celebration following the graduation ceremony.

Important Contacts regarding Graduation:

Jennifer Miller
Assistant Principal - House 1
209-8474
jmiller@cfsd16.org

Herff Jones/Rembrandt:
(Grad Supplies)
Bill Waldrup 745-5289
2927 N. Country Club

Grad Night:
Jill Harlow
Grad.Night@CFHSFFO.org

From the Counseling Office

Website: <https://cfhs-counseling.cfsd16.org/>

Credit Recovery ~ [Register here!](#)

Students who failed a core class or earned a D (retaking is optional in this case) are invited to retake courses at CFHS through our Summer Course Emporium program. Summer Course Emporium will run from May 31 to June 30 and is a supervised computer lab where students log on to the CFHS-approved Edgenuity platform to repeat the course content. Upon completion of the coursework, the repeated course will go on the transcript with the earned replacement grade and the previously earned F or D will be changed to an RF or RD (repeated/replaced) and come out of the GPA calculation. This year Summer Course Emporium will be free.

May is Mental Health Awareness Month

1 in 5 adults and youth experience mental illness. You're not alone. Contact NAMI Southern Arizona to take the first step towards help and support. There is hope. [NAMI Basics](#) is a free class for parents, guardians and other family caregivers who provide care for youth (age 22 or younger) who are experiencing mental health symptoms. This course is also available in Spanish. Contact the NAMI office at (520) 622-5582 or email to namisa@namisa.org

College Planning Night: Recorded April 12 presentation can be seen here: bit.ly/CollegePlanningNight2023

- Big picture/perspective/roles and responsibilities
- General Timeline/Preparation/Exploration
- MaiaLearning as a resource
- Applications – timelines, platforms
- SAT/ACT info
- Financial Aid and Scholarships
- What now?
- Q & A – 6th semester transcripts, grade replacement?

Resources and documents referenced:

- [School Profile](#) (goes to colleges to describe CFHS, will be updated for class of 2024)
- [Core GPA Worksheet and UA/ASU/NAU Merit Scholarships](#)
- [Scholarship Highlights](#) – articles, resources, platforms
- [College Application FAQ](#)

What happens Senior Year?

- Counselors meet with seniors via English 12 classes in August to review the nuts & bolts of the application process. (Please hold any application questions until mid-August when we get through opening and schedule issues and have met with seniors as a group.)
- Senior Parent Night will be held in September (virtual presentation and Q&A) to review and highlight the application logistics and components for parents and seniors who want a review.
- Senior Lab is held with counselors in House One every Monday in Sept-Oct-Nov from 2:15-4:00 pm (most seniors have 7th free) for students to complete applications, ask questions, etc.

Summer Goals (these steps are described in the video):

- Continue to explore careers and colleges: Use Maia, talk with adults and current college students, visit/tour campuses as able. Have the 'money talk' to be clear on college financing plans, debt limits, etc.
- Get organized: Visit college websites (find "Admissions" page) and start making notes re application plan/deadlines and requirements (e.g., essays, letters of recommendation, etc.), review their financial aid and scholarship info.
- If planning to apply to any colleges using the [Common App](#), create an account and begin filling out demographic information, drafting the chosen essay, etc.) Your account will 'roll over' to the 2024 application cycle in July.
- Notes re UA/ASU/NAU: UA and ASU are members of the Common App but ask Arizona students to apply via the admissions portal on their websites. Students are encouraged to apply to an in-state school even if exploring out-of-state options, and are encouraged to complete their in-state applications by end of September.

FFO – Family Faculty Organization

FFO Contacts:

WebSite: www.cfhsffo.org

The website can also be accessed from the FFO button under the 'For Parents' tab at the top of the CFHS homepage.

President:

Eileen Pastorious
[cfhsffopresident@gmail](mailto:cfhsffopresident@gmail.com)

Communications:

Leslie Beckett
communications@cfhsffo.org

Secretary:

Jody Ponzo
secretary@cfhsffo.org

Treasurer:

Lisa Kramkowski
treasurer@cfhsffo.org

Grants:

Monisha Patel
grants@cfhsffo.org

Grad Night:

Jill Harlow
grad.night@cfhsffo.org

Administration:

Jody Brase
jbrase@cfsd16.org
209-8302

General FFO meeting dates are below. Meetings begin at 9:00am in the Library.

Meeting Dates:

May 16

Falcon Family,

May 2023

Please join the FFO for our last meeting of this school year **Tuesday May 16th 9:00 am in the library**. This month, we will not have a speaker, as we will be voting in the Officers for next year and announcing volunteers who have offered to help with 2023-2024.

We have a few openings throughout the FFO for the 23-24 school year as we have parents graduating. **Please consider getting involved with our FFO**. It is a wonderful group of parents.

The **library needs volunteers** to help check textbooks back in on Thursday, May 25th, from 8:00 AM - 1:00 PM. This is an easy and fun way to help the school. Thank you to everyone who has already signed up! Here is the [Signupgenius](#) to volunteer.

We are still in need a few more volunteers to help with our annual traditional **Grad Night**. Let's make this a memorable night for our Seniors!

****STAY TUNED**** We will be having a meeting over the summer to discuss our Annual ***Back To School Fall Fling*** !!! A date will be announced later, but we look forward to seeing everyone there in August. A SignUpGenius will be sent over the summer. Send us an email if you are interested in helping with this annual back-to-school event!

It has been an honor and privilege to be the FFO President again this year. I thank all of you. Parents and Grandparents, you have made this is a great FFO! Thank you so much for the effort and time you have contributed this year, from volunteering your time at Grad Night and the Falcon Fly-In, ordering gift cards, making yummy dishes for Staff Appreciation, distributing Grad Night signs, signing books back in, and attending the meetings. It takes a village, and our parents are the reason our FFO gets better and better each year. THANK YOU, EVERYONE!

Eileen Pastorious

FFO (Family Faculty Organization) President
[http://www.cfhsffo.org/](http://www.cfhsffo.org)
President@cfhsffo.org
<https://www.facebook.com/CFHSFFO>
Donate · Engage · Volunteer · Support



CFHS GRAD NIGHT 2023

DATE:

May 25, after
graduation ceremony

LOCATION:

High School Gym

THEME:

Men in Black

All Catalina Foothills
High School Seniors
are invited to the
party of the year,
exclusively for
our **Class of 2023!**

**CLASS OF 2023,
PURCHASE TICKETS HERE:**



PARENT INFORMATION: Grad Night has been a long-standing tradition at Catalina Foothills High School, and is fully funded by parent volunteers, tickets sales, and sponsorships. This unforgettable event takes lots of volunteer support, so please consider getting involved.

GET INVOLVED

Volunteer Now



Donate Now



Become a Sponsor Today



DANCING DADS: Have a son or daughter in the class of 2023?

Sign Up Today!

MORE DETAILS: cfhs.cfsd16.org

INTERNATIONAL

DAY OF LIGHT

Explore the science
of light!



International
Day of Light

Join us on May 21!

Join us on May 21 at the Flandrau Planetarium & Science Center for free planetarium shows and optics activities for families, teachers, and science enthusiasts of all ages.

Optics and photonics are the science and engineering of light that is used by everyone, everywhere, every day. Join us to explore and discover the world of optics and Arizona's world leaders in the science of light!

These activities are for all ages, FREE and open to the public:

1:00 – 5:00 pm: Fun with optics!

Meet local optics experts and learn some principles of optics at our activity tables inside Flandrau's lobby area.

2:00 pm: From Earth to the Universe

Take a stunning voyage through space and time and through sparkling sights and sounds of the Universe revealed to us by science. This planetarium show is FREE and first come, first seated.

3:30 pm: James Webb Space Telescope: Our First Year Capturing Light from the Dawn of Time

Join Kevin Hainline, University of Arizona astronomer and JWST NIRCam team member, as he shares amazing highlights and stories from the exciting first year of the James Webb Space Telescope. This special presentation is FREE and first come, first seated.

Location: Flandrau Science Center & Planetarium, 1601 E University Blvd, Tucson

Parking: [CLICK HERE](#) for Flandrau weekend parking info.

Cost: FREE for everyone. The 2 pm and 3:30 pm planetarium shows are free and first come, first seated.

Registration: None! The 2 pm and 3:30 pm planetarium shows are free and first come, first seated.

About the International Day of Light: *The International Day of Light is a UNESCO global initiative to celebrate light and the role it plays in science, culture and art, education, and sustainable development and in fields as diverse as medicine, communications, astronomy, and clean energy. May 16 marks the anniversary of the first successful operation of the laser in 1960 by physicist and engineer, Theodore Maiman.*

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