



Falcon Flyer

cfhs.cfsd16.org

Dear CFHS Parent/Guardians;

We are currently in the testing season for high school students. The ACT, AzSCI, ACT Aspire, CTE state tests, and AP testing have begun and will continue into May. I want to thank teachers for proctoring the exams and for students for their preparation and diligence in taking their exams seriously.

Congratulations to our Science Olympiad Team Blue placing first in state! CFHS Silver finished in 5th place. We are so proud of both teams and their coaches Kevin Duong and Terry Fortunato.

On March 29th choir from CFHS traveled to compete in the Az American Choral Directors Association (ACDA) festival. Change of Pace, Concert Chorale, and Concert Silver received the highest possible ratings in the areas of performance and site reading. Congratulations to our singers and Jeff Evans for their hard work.

Best wishes to our Spring athletic teams as they are in the heart of the season. We enjoy watching our tennis, track and field, boys' volleyball, softball, and baseball teams compete. Keep up the good work Falcons!

Please follow the CFHS calendar for upcoming Spring concerts, competitions, performances, and events. Click [here](#) for the list of calendar events.

As a school, we are in our final stretch of the school year. Academically, grades are final at the end of the semester which is May 25, 2022. Please help your son or daughter stay on top of their grades and finish the school year strong. Please login in to [ParentVUE](#) to view your student's progress.

For planning purposes, our final exam schedule for 9th - 11th graders are below. We do not allow early finals. If there are circumstances out of your control and your student needs to take finals after the scheduled days, please email your child's grade level administrator. Seniors take final exams during their regular class schedule the week of May 16th - 20th.

Monday, May 23

- Period 1 Exam: 8:45-10:45 1st Lunch: 10:45-11:10/Period 5 Exam: 11:20-1:20
- Period 5 Exam: 10:55-12:55/2nd Lunch: 12:55-1:20
- Period 6 Exam: 1:30-3:30 (Buses depart after Period 6 Exam)

Tuesday, May 24

- Period 2 Exam: 8:35-10:35
- Period 4 Exam: 10:45-12:45 (Buses depart after Period 4 exam)
- Make-up Exam Time: 1:30-3:30

Wednesday, May 25

- Period 3 Exam: 8:35-10:35
- Period 7 Exam: 10:45-12:45 (Buses depart after period 7 exam)

Thank you for partnering with the school to provide students with a healthy and supportive learning community.

Sincerely,

Jody Brase
Principal



CFHS

4300 E. Sunrise Dr.
Tucson, AZ 85718
Office: 209-8300 / Fax: 209-8520
HYPERLINK <http://cfhs.cfsd16.org/>

Office hours: 7:30-4:00 on School Days Closed on all student holidays.

CFHS Information

Cindy Schraw—Reception Clerk 209-8301
Gabriela Gallego-Accounting Clerk 209-8310
Andrea Lopez-Bursar 209-8317
Attendance Message Line 209-8318
Bus Transportation 209-7581
Cafeteria 209-8527

Principal

Jody Brase 209-8302

Principal Secretary

Julie Vanegas 209-8302

Assistant Principals

Jennifer Miller 209-8374
Chris Lambert 209-8482
Eric Singer 209-8446
Ryan Tkalcovic 209-8412

JTED Director

Cari Burson 209-8351

Counseling Center

Mattie Whitney-Registrar 209-8385
Ann Margolis-Database Manager 209-8384
Bonnie McDole-Counseling Clerk 209-8305

Counselors

Randie Collier (Freshman) 209-8378
Mike Bryan (A-C) 209-8376
Lori Leary (D-H) 209-8380
Robin Larson (I-ME) 209-8381
Julie McCrea (MI-R) 209-8379
Lyanne Glasner (S-Z) 209-8382

Athletic Director

Ryan Tkalcovic 209-8412

Assistant to the Athletic Director

Gary Reed 209-8367

Athletic Secretary

Jennifer Boccelli 209-8412

Security

209-8342

Anonymous Tip Line 209-8599

Health Office

Christopher Lopez – Nurse 209-8330

Falcon Flyer Editor

Julie Vanegas 209-8302

Catalina Foothills District Office

2102 E. River Road
Tucson, AZ 85718
520-209-7500
www.cfsd16.org

Important Dates to Remember:

May 20 Seniors'	Last Day
May 23-25	Final Exams (Gr.9-11) Schedule
May 25	Graduation/Last Day of School

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In-District Registration for School

Registration for school is open for [In-District students only](#). (Open Enrollment families must wait for their acceptance email.) Current families should register through their **ParentVue** account.

[New families](#) should go to the CFHS website and click on **REGISTER FOR SCHOOL 2022-2023**. Click on the link below for more information.

[ONLINE REGISTRATION FOR SCHOOL YEAR 2022-2023](#)

Catalina Foothills School District Superintendent

Dr. Mary Kamerzell mkam@cfsd16.org 209-7537

Governing Board Members

President:

Carole Siegler csiegler@cfsd16.org 990-4611

Vice President:

Eileen Jackson ejackson@cfsd16.org 299-3828

Board Members:

Amy Bhola abhola@cfsd16.org 404-8102

Doug Hadley dhadley@cfsd16.org 577-0038

Amy Krauss akrauss@cfsd16.org 400-6170

State of Arizona Legislative Representatives for CFSD (please check www.azleg.gov for contact information) Legislative District 9:

Senator	Steve Victoria Steele
Representative	Christopher Mathis
Representative	Pamela Powers Hannley

CLASS OF 2022 ~ CFHS SENIOR PLANNING TIMELINE

- April 8** Senior Announcements distributed during the Senior Meeting
- April 8** Senior Graduation Meeting – 8:30 in the Auditorium. **ALL** seniors **must** attend this **mandatory** meeting in order to participate in the graduation ceremony. Attendance will be taken.
- April 15** Deadline for [Student Graduation Speaker / Performer sign up](#).
- April 26** Student Graduation Speaker / Performer Auditions- House 1 Seminar Room 3:30 pm
- April 29** Seniors inform the Counseling Office of college and other post-CFHS plans via “Green Sheet.”
- May 20** Seniors’ last day
- May 23** Senior Honors Ceremony – 7:00 pm – Location TBD (Recognizing seniors with 3.75 after 7th semester)
- May 24** Graduation Practice 2:45 – 4:00 pm; start in the Auditorium. **Participation required for ceremony**. Backpack check-in for Grad Night: 12:00 noon – 2:30 pm.
- May 25** **Graduation Ceremony @ 7:30 pm – CFHS Stadium.** Seniors arrive at 6:30 pm for line up.
- May 25** **Grad Night** - Senior Celebration following the graduation ceremony.

Important Contacts regarding Graduation:

Jennifer Miller
Assistant Principal - House 1
209-8373
jmiller@cfsd16.org

Herff Jones/Rembrandt
(Grad Supplies)
Bill Waldrup 745-5289
2927 N. Country Club

Grad Night:
Jean Popham
jspopham@hotmail.com

Parking and Seating Information for Graduation

Parking: Parking will be available on campus and in the parking lot of St. Thomas the Apostle Catholic Church on Valley View Road. The church is located immediately to the south of the high school. A shuttle service will be provided to bring families to and from the campus for the ceremony. Campus parking will be limited so we ask that our families please carpool if at all possible.

There will be limited mobility parking for family members who need assistance. Limited mobility parking passes will be available on May 6th. Please note that parking is prohibited on Pontatoc Road and Valley View Road and will be strictly enforced by the Pima County Sheriff's Department.

Seating for people with limited mobility: Chairs will be available at field level on both sides of the stadium. We ask that only one family member remain with the limited mobility guest and remaining family members sit in the bleachers. Guests who are unable to use stairs may be dropped off at the southeast gate entering the stadium. Carts will be available for any guests who need assistance getting to the stadium.

From the Counseling Office

Website: <https://cfhs-counseling.cfsd16.org/>

Tri-University Week ~ April 4-9

UA, NAU, and ASU team up to present a variety of virtual sessions to provide students grades 9-11 in-depth information about our Arizona public universities, the admission process, financial aid and scholarships, choosing a major, etc. Information and registration here: <https://visit.asu.edu/tri-university/high-school-student-programming>

Tucson Spring College Fair ~ Saturday, April 9

CFHS students/families are encouraged to check out the RMACAC College Fair being held April 9 on the Salpointe campus (1545 E Copper Street). Approximately 100 colleges from around the country will be represented ([see list](#)) and three optional info sessions on college application topics are offered: 9:30 The Common App and Essays; 10:15 Researching Colleges; 11:00 Paying for College. Information and registration on the RMACAC website: macac.org/tucson.

College Planning Night

If you missed it, or want to see it again, here is a link to the recording of the College Planning Night session presented by Counselor Julie McCrea on March 16: bit.ly/CollegePlanningNightMarch2022

Referenced documents are linked below:

- [UA/ASU/NAU Core GPA Info/Worksheet and Merit Awards Chart](#)
- [SAT/ACT Info](#) - college admissions test info
- [CFHS Scholarship Highlights](#) (info and links) document

Free Summer School for Credit Recovery

Students who received an F during the school year in English, Math, Science, or Social Studies, or who wish to replace a D, are eligible to retake the course in our free summer school program. CFHS Summer School is self-paced/computer-based and classrooms are supervised by a certified teacher. Students attend in person 8:30-3:00 (with breaks) starting June 1 and continue daily until the coursework is completed. End date is July 1. Summer School information and the registration link is available at bit.ly/CFHSSummerSchool2022.

NAMI

Southern Arizona is offering a Bases y Fundamentos (Spanish Language Basics) class to help Spanish-speaking parents/caregivers support a child or teen with mental health challenges. The class will be via Zoom. The class will be Thursday (jueves) evenings from 6 pm to 8:30 pm and runs April 28 (comienza el 28 de abril) for six weeks through June 9 (termina el 9 de junio). Interested parents/caretakers can email Dr. Ann Lettes (in English or Spanish) at alettes@namisa.org. Any family looking for mental health resources is encouraged to go to nami.org.

Information Regarding 2022 AP Exams

- Exam registration is now closed. Students who have not yet made payment will be contacted personally. Exams will take place during the first two weeks of May. Refer to [College Board's website](#) for test dates.
- Students should have a **personal email address** linked to their MyAP accounts, as College Board will be sending important updates and reminders.
- **AP Score Report:** Starting April 11, students will see a pop-up window prompting them to choose a college, university, or scholarship organization to receive their AP scores for free.
- The 2022 **AP Exam Terms and Conditions** are now available to review at cb.org/apexamterms. Students will need to accept these terms and conditions prior to taking each exam.
- **Report time for morning exams is 7:45.** *All exams should be completed in time for students to attend lunch, however students may consider bringing lunch on mornings they are testing.*
- **Report time for afternoon exams is 12:00 pm.** *Students testing in the afternoon should plan for transportation home from school, as they may miss the bus. Students testing in the afternoon should also attend first lunch on the day of the exam.*
- **Classroom assignments and other details will be emailed to students later this spring.**



BAND ON THE RUN 5K

Race to the Roses! 

A benefit for the Catalina Foothills Falcon Marching Band

April 30, 2022 at 8am

Catalina Foothills High School
4300 E Sunrise Dr, Tucson AZ 85718

REGISTER:

www.bandontherun5k.racewire.com

INFO:

www.facebook.com/bandontherun5k



Health Office Updates

NOTE FROM THE NURSE

April, 2022

Spring has Sprung and Allergies are in Season!

Please note that we do not have allergy medicine in the Health Office. If your son/daughter has allergy issues, please consider consulting your Health Care Provider about medicating your son/daughter before school or providing allergy medications for the Health Office. If needed at school, the medication must be in the original container and the At-School Medication Consent form has to be **signed by a parent and co-signed by a medical provider.**

https://www.cfsd16.org/application/files/5716/4398/5236/CFSD_Medication_Administration_Consent_Form-2.pdf

Illness Reminders:

Please note that students need to be home and on medication for 24 hours, before returning to school if they have PINK EYE or STREP THROAT, as they are considered highly contagious.

Students need to be fever-free without fever-reducing medication (Ibuprofen or Acetaminophen) for 24 hours before returning to school.

Injuries/Concussions/Mobility Issues:

Please contact the School Nurse with any documentation of injuries, so that we can alert teachers, and set appropriate measures in place for the student (restrictions, elevator key, etc.)

End-of-year reminders:

- 1) If your son/daughter no longer needs the **elevator key**, please remind them to return it to the BURSAR to get their refund.
- 2) If your son/daughter has **medications** in school that they may not need, or have left over from field trips, please contact the Health Office at 520-209-8330 and make arrangements for pick-up of the medications, preferably **before the last day of school**, or they will be discarded on Wednesday, May 25th.
- 3) Encourage students to HYDRATE with the warmer weather and to use sunscreen.
- 4) Print, Complete, sign and submit HEALTH INFORMATION AND EMERGENCY CONTACT FORMS for next school year 2022-23 ASAP.

See link below:

http://cfhs.cfsd16.org/application/files/7415/3420/1642/CFSD_Health_Information_and_Emergency_Contact_Form_8-9-2018.pdf

- 5) Additional Health Forms are available on the High School Health Services Web page.
<http://cfhs.cfsd16.org/index.php/health-services>

Happy Spring!

Christopher Lopez, RN, MSN School Nurse
April Choi, RN, BSN Health Assistant

christopherlopez@cfsd16.org 520-209-8330
achoi@cfsd16.org 520-209-8304

FFO – Family Faculty Organization

FFO Contacts:

WebSite: www.cfhsffo.org

The website can also be accessed from the FFO button under the 'For Parents' tab at the top of the CFHS homepage.

President:

Eileen Pastorious
[cfhsffopresident@gmail](mailto:cfhsffopresident@gmail.com)

Vice President:

Elvia Bow
communications@cfhsffo.org

Secretary:

Jody Ponzio
secretary@cfhsffo.org

Treasurer:

Anne Gruber
treasurer@cfhsffo.org

Grants:

Monisha Patel
grants@cfhsffo.org

Grad Night:

Jean Papham
grad.night@cfhsffo.org

Administration:

Jody Brase
jbrase@cfsd16.org
209-8302

General FFO meeting dates are below. Meetings begin at 9:00am virtually.

Meeting Dates:

Apr 19
May 17

Hello Falcon Families,

Our next FFO meeting will be on **Tuesday, April 19th, 9:00 AM**. We welcome you either in person or virtually. Please see the link below to attend virtually. The link is also provided in the "Falcon Flash" and on the school website activities calendar. Thank you to everyone who attends, and a special thank you to our speakers!

Our **speaker** for April will be Ken Miller, Lab Manager for Infinity sleep Solutions/ S.T.A.R.S health care. With final exams approaching, we asked Mr. Miller to talk about the importance of a good night's sleep, the health hazards of poor sleep, and ways to improve sleep.

- **BRICK ENGRAVING:** bricks are in place! Thank you to all the parents/families that purchased your brick, and became a permanent mark on the school!
- **GRAD NIGHT** needs more parents to help. Training will be available for casino dealers. We are actively asking the elementary and middle schools, but it would be great if we had more High School parents to help. Click here for the **Grad Night Sign Up Genius Link:** May 25th, 2022. Click [here](#) to sign up.
- **Bus Driver Appreciation** is quickly approaching.
- **Teacher of the Year** celebration tickets are on sale. Please come out and celebrate our "Teacher of the Year," Ms. Miriam Frieden, and our "Distinguished Educators," Ms. Shireen Behzadi and Ms. Bernadette Moreno, Sunday, May 1st, 2022, from 2:00-4:00 at Skyline Country Club. Click [here](#) for the tickets.

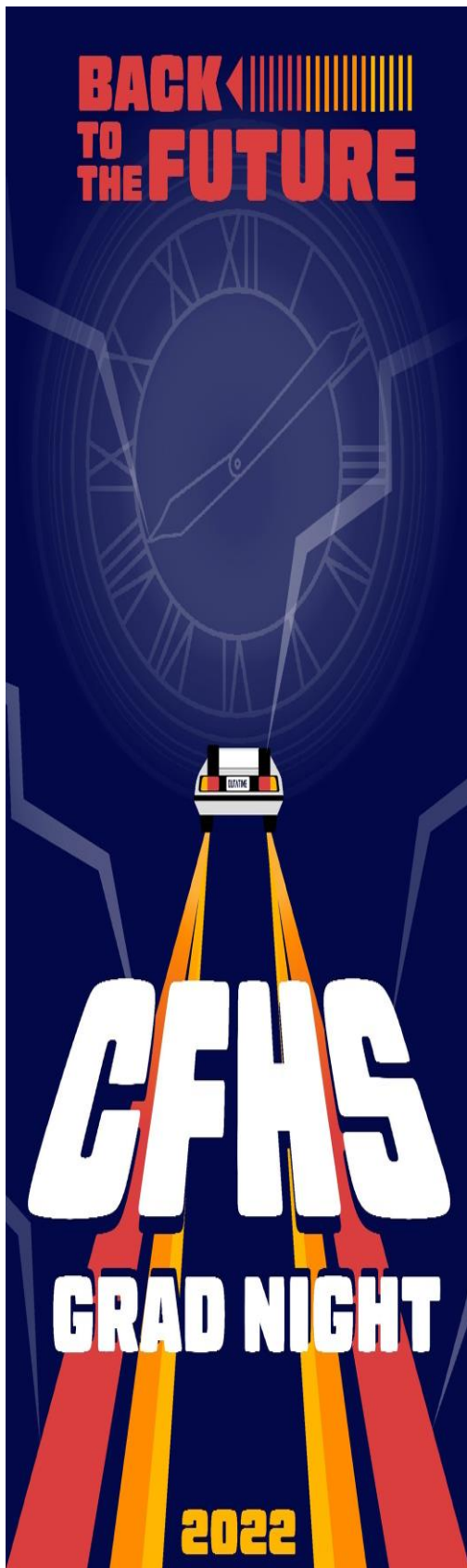
Important links:

- Click [here](#) for the link to the FFO meeting.
- Click [here](#) for the **Staff Appreciation Sign Up Genius Link:** April: Subway Sandwich Luncheon

Sincerely,

Eileen Pastorious

FFO (Family Faculty Organization) President
<http://www.cfhsffo.org/>, President@cfhsffo.org
[Donate](#) · [Engage](#) · [Volunteer](#) · [Support](#)



Thank you to our Grad Night Sponsors!

Foothills Class of 1996!-Valerie Hilshorst
The Kruk Family
Marnie Ackerman
Kelly and Chip McLaughlin
The Brandt Family
The Landis Family
Nicholson Partners, Ltd
The Kamp Family
Anne Gruber
Andrea Orta
The Nance Family-Arizona Designs Kitchen and Bath
Jason Fontana-Fashion Monkey
Andrew Neuschatz-Arizona Oncology
Alma and Jesper Nielsen
Vincent and Anita Hsu
The Hellbusch Family
Amy Hernandez-Amy Hernandez Law
The Tuli Family
The Burrows Family
The Bhola Family
The Popham Family
Debra Gelety
Ben Armstrong
Cara Sherwood

Please consider a sponsorship. Sponsorships offset our rising vendor costs and ensure all students can attend [\(Catalina Foothills High School FFO \(square.site\)\)](http://Catalina Foothills High School FFO (square.site)) (scroll to Grad Night)

Sponsorship Opportunities Include:

- \$25 Raffle
- \$100 Table (26 spots remaining)
- \$150 Sponsor a Student (19 spots remaining)
- \$200 Backpack (9 spots remaining)
- \$250 T shirt (7 spots remaining)
- \$350 Dancing Dads (1 spot remaining)
- \$500 Casino, Dinner, Carnival (1 spot remaining)

If you have an item to donate for the raffle, text Julie Nentl at 520-977-3950

Please volunteer if you are able-[\(Catalina Foothills Grad Night Volunteers: Grad Night 2022 Volunteer Shifts \(signupgenius.com\)\)](http://Catalina Foothills Grad Night Volunteers: Grad Night 2022 Volunteer Shifts (signupgenius.com)) Especially need set up, clean up, casino dealers and donations of soda and snacks

SENIOR CLASS: Grad Night is the last opportunity for the ENTIRE CLASS OF 2022 to be together and celebrate in an over the top and epic but safe party. We want the ENTIRE class to be there! **BUY YOUR TICKET BEFORE THE MAY 1st DEADLINE**

----If you have any questions please text Jean Popham at 520-977-6217----

---Forward the sponsorship and volunteer links to friends you think might help or donate---